Chicken skillet with vegetables



About this recipe

Serves

4

Time to make

10 minutes preparation; 15 minutes cook time

Ingredients

- 1 cup canned chicken
- 1 cup frozen vegetables
- 1/2 cup chicken broth or water
- Salt and pepper to taste. Optional: 1 Tablespoon soy sauce

• 2 cups cooked rice

Directions

- 1. Heat chicken and vegetables together in a medium skillet or fry pan.
- 2. Add broth or water and seasonings.
- 3. Add cooked rice and stir together.
- 4. Cook on medium until heated through, stirring occasionally.

Recipe video

Nutritional info

There is no nutritional information available at this time.

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