Veggie rollup



About this recipe

Serving size
1 rollup
Time to make
5 minutes per rollup

Ingredients

- 1/2 cup chopped vegetables
- 1 6-inch tortilla
- 1 tbsp hummus

Directions

1. Spread 1 tablespoon of hummus on the tortilla.
2. Place a 1/2 cup variety of vegetables on top and roll vegetables up in a tortilla.

Nutritional info

Allergens
Wheat

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