### **Chili**



# **About this recipe**

Serves

6

Time to make

10 minutes preparation; 15 minutes cook time

## **Ingredients**

- 1/2 pound ground beef
- 2 Tablespoons chopped onion, if desired
- 1 15-ounce can prepared chili
- 1 14-ounce can diced tomatoes

• Seasonings to taste: salt, pepper, chili powder, cumin, cayenne pepper, etc.

#### **Directions**

- 1. Fry the ground beef (with onions of desired) in a large skillet over medium heat. Drain excess fat.
- 2. Add the chili and tomatoes and stir.
- 3. Add seasonings to taste.
- 4. Simmer for 10 minutes to heat through.
- 5. Refrigerate leftovers promptly.

#### Recipe video

#### **Nutritional info**

There is no nutritional information available at this time.

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