

## [Peanut butter bread](#)



Recipe credit

Montana State University Extension Service

### **About this recipe**

Serves

10

Serving size

1 slice, 1/10 of recipe (96g)

Special criteria

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### **Ingredients**

- 2 eggs or 1/2 cup unsweetened apple sauce
- 1 1/2 cups 1 % milk
- 1/3 cup sugar (granulated)
- 1 cup peanut butter
- 1 3/4 cups flour (all purpose)
- 1 tablespoon baking powder
- 1/2 teaspoon salt

## Directions

1. Preheat oven to 350 degrees. Lightly grease or spray with non-stick spray, a loaf pan.
2. In large bowl, beat eggs. Add milk, sugar and peanut butter. Mix well.
3. In a separate bowl combine flour, baking powder, and salt. Mix thoroughly.
4. Add dry ingredients to wet ingredients. Mix only enough to moisten all ingredients.
5. Pour into prepared pan. (Pan will be half full). Bake for 1 hour.

## Nutritional info

Calories

291

Total fat

15 g

Saturated fat

3 g

Cholesterol

39 mg

Sodium

385 mg

Total carbohydrates

30 g

Dietary fiber

2 g

Protein

11 g  
Total sugar  
11 g  
Allergens  
Dairy  
Eggs  
Tree nuts

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